

STL PNPS

September 2012



President, Beth Roehm

STL PNP 2012-13 Board

Past President: Anne Borgmeyer

President: Beth Roehm

President Elect/Nominations:
Lisa Henry

Treasurer: Casey Lofquest

Secretary/Historian: Kira Geile

Legislative: Sandy Summers

Programs: Carrie Wilson
Laura Kuensting

Membership: Ann Schulte

Newsletter: Carole Branch
Sue Davis

Webmaster: Jen Jacklin
Carrie Thrasher

Members at Large: Elise
Schaller, Debra Gayer

PRESIDENT'S MESSAGE

As I compose this first message as President of STL PNP, I can't help but think about the future of health care and Advanced Practice Nursing. The upcoming election will certainly be interesting, to say the least. It remains unclear what reforms and plans that are currently in place will be upheld or will be modified. No matter your political beliefs, I urge you to attempt to understand what is at stake and vote. Personally, I am striving to be more informed and involved. Whether it be at the local, state or national level, we need our voices heard, as health care providers and consumers.

I am honored and excited to serve as President for the next two years. I am particularly impressed by our dedicated Board members and the involvement that we have in the St Louis Chapter. At last count, we have over 200 members! Please encourage any PNP or student that you meet or mentor to join our group. Invite them to a meeting. Introduce them to others. It is such a wonderful opportunity to network. Please don't hesitate to approach any of us with ideas for speakers or projects as we move forward. We want to hear from you!

Sincerely, Beth Roehm

October Meeting,

Thursday October 4th 2012 6:30 pm

Title: The Road to the DNP and the Final Capstone Project

Speaker: Laura Kuensting, DNP; Mercy Children's Hospital; Assistant Teaching Professor University of Missouri Sinclair School of Nursing

Venue: Rich & Charlie's Italian Restaurant (Crestwood), 9942 Watson Rd., 63126

Sponsor: Halozyne Therapeutics, Inc/Glenn Kutschera

CEUs: 1 (0.5 pharmacology credit)

www.stlpnp.org

St. Louis Chapter of NAPNAP



Sandy Summers
MSN, RN, PNP-BC

I represent StLPNP's on the Missouri Council on Advanced Practice (MOCAP). This is an organization of Missouri Advanced Practice Registered Nurses that operates as an organizational unit within the formal structure of the Missouri Nurses Association. It brings together representatives from APRN groups from across the state to nurture, enhance and promote the role of the Advance Practice Registered Nurses. We meet quarterly.

"No one can do everything, but everyone can do something"

August 31, 2012

Legislative Update

It is election season! It is time to step up to the plate and "educate" our nurse-friendly Representatives and Senators!! We cannot be the only one's asking them for help all the time. Now's the time to give back!!

We need nurses who are willing to door-to-door to support our friends.

Can you help?

We are lining up sponsors for our next legislation session. This is a good opportunity to walk and educate our friends. It only takes a couple of hours and you can do it on your time!

Please call or email Kyna Iman (MONA representative) directly to let her know if you or any of your friends and family can help. Her number is [314-651-1185](tel:314-651-1185) or email kynaiman@earthlink.net

PLEASE don't wait until the end of October to do this!! The earlier the better.

MONA is planning on APRN Lobby day to be on January 23rd, 2013 this year. This is a great opportunity for Missouri APRNs, Faculty and APRN Students to gather at the Missouri State Capital and meet with their elected officials in person. With any luck and persistence, many of us will have made contacts with our elected Senators and Representatives ahead of time to be able to make a personal visit.

Annual Nurse Advocacy Day is scheduled for February 20th, 2013.

MONA's annual Nurse Advocacy Day is intended to increase awareness of the political process for all nurses and nursing students. This day long event expands participants' understanding of the legislative process and provides them with effective techniques for advocating for their patients and practice.

Job Postings

For up to date job postings go to our website www.stlpnp.org.

MEMBER SPOTLIGHT

What is your current position? PNP on Healthy Kids Express Asthma Van

What has been your previous experience/education? I worked at SLCH as an in patient PNP managing children with asthma.

Family members? I'm married with two children. I have a 10 year old boy and a 13 year old daughter.

Favorite job of all time and why? I've loved every job! I really get a kick out of taking the "van" (it's the size of a bi-state bus) to children's schools and caring for their asthma. I'm often amazed at how sick they are while walking around at school. I feel we can really make a difference in their lives once we get their asthma under control.

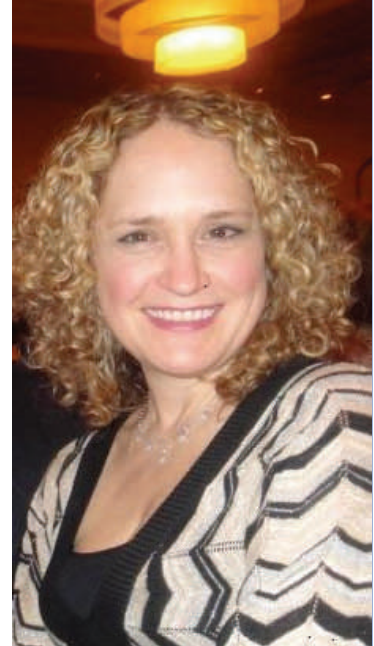
One thing no one knows or one thing people would be surprised to know about you. I surprised myself this summer by leaping off a cliff into the water at Johnson Shut Ins. It was so high! My family was shocked too, as I usually don't even follow them into the water. My time in the ER has dulled some of my risk taking behavior.

Simon or Paula? I wouldn't know as I don't watch the show! I'd rather be reading.

Cardinals or Cubs? How can you ask???? Cardinals all the way!

Will the Cardinals get a wild card spot? You always have to hope. Last year was amazing.

Diet Coke vs Coke Zero. I don't like either and I'm trying to stop my Diet Dr Pepper habit.



Lisa Henry,
President Elect

StLPNP

Auction and 50/50 program reap big rewards!!

At our Awards meeting we held our second annual StLPNP auction and first annual 50/50.

We made over 500 dollars with a match from our chapter of 500 dollars and were able to provide the three wheel bike in the photo to a dialysis patient with morbid obesity to help her exercise. As you can see she was thrilled with the gift and sends her thanks.

We were also able to help a peer (PNP) with a child with cancer with incurred extra expenses.

We are already looking forward to next years auction! Thanks to the many who contributed and participated.

What a wonderful legacy for StLPNP!



Upcoming meetings

Come one, Come all to **The Second Annual StLPNP Whine and Wine**

This is a one hundred percent social event for us to get together and catch up with peers and friends about their families, lives, jobs etc. No CEUs! But lots of intrinsic rewards. So on Thursday **October 18th at 5:30 pm** grab a bottle of **wine or an appetizer** to share and head to

Laura Kuenstings, 5011 Ivondale Lane, St. Louis, MO 63129

RSVP to laura@kuensting.net

Wednesday December 5	<i>Title:</i> Rapid Allergy Testing <i>Speaker:</i> TBA <i>Venue:</i> BlackFinn Restaurant (Galleria Mall), 1147 Saint Louis Galleria, 63117 <i>Sponsor:</i> Quest Diagnostics, Thermo Fischer Scientific/Amy Gildehaus <i>CEUs:</i> 0
-------------------------	--

From The National Office

The National Office is pleased to announce that we launched a peer to peer recruitment program, **Connect & Recruit**. With the chapters' participation in this program, together we can build awareness of the role of the pediatric nurse practitioner, highlight the benefits of your professional organization and increase the number of networked pediatric healthcare professionals nationwide. Just think about the impact if each member of your chapter recruited at least one member – it could double your chapter membership!

As a benefit for each member's participation in this program, NAPNAP will reward current members for recruiting their colleagues and associates. A member can receive a discount on their next membership renewal of up to \$20 for each member recruited. Each participating member will be entered into a drawing for a complimentary membership for the following year. If a member recruits 8 or more new members (non-student), they are entitled to a complimentary membership upon their next scheduled renewal! *Please go to the following link to learn about the rules and more details:*

<http://www.napnap.org/MemberCenter/ConnectandRecruit.aspx>.

Top recruiters will be recognized in one or more of the following ways: NAPNAP Community, NAPNAP NewsFlash and website.

We are asking for your chapter's help in promoting this campaign to your chapter membership by following the below steps:

Placing the attached **Connect & Recruit** logo and website link on chapter correspondences such as website, email messages, newsletters, etc.

Distributing the promotional flyer to members at a chapter events or meetings. Please click on the following link to download flyer:

www.napnap.org/Docs/ConnectRecruit/NAPNAPConnectRecruitLaunchFlyer.pdf

PNP and Student of the Year

Congratulations:

Andrea Reich

STLPNP PNP Student of the Year

Susan Green Davis

STLPNP, PNP of the year



Congrats to...

Cheryl Graves, Manager SLCH PNP

presenting at the ANCC (Magnet) conference in October about the Hospitalist PNP program at
SLCH

Laura Kuensting

For having her DNP Capstone Study published and being invited to present at the National meeting
this year (we get the preview next month!)

Elyssa Rapier

Passed the boards!

Jen Jacklin

On the birth of young Caleb

Ann Schulte

On the birth of young Evan

Factoids, Tidbits, Did ya knows and other information

*Our chapters member ship is now over 200!!!

*Each time you attend a meeting your name is put into a raffle to win the registration fee for
next years NAPNAP conference in Orlando Florida. Mickey Mouse awaits!!

*The newsletter will only come out twice a year now as our website is so wonderful and more up-
to-date. Go to www.stlpnp.org to check it out. And thank your webmasters Jen Jacklin and Car-
rie Thrasher.

The NAPNAP motto is “ Promoting optimal health for children through leadership, practice, advocacy, edu-
cation and research.”

Opportunities for Education

5th Annual DNP Conference
Evidence-Based DNP Education,
September 19th-21st, 2012
Ritz Carlton St.Louis

The American Society for Pain Management Nursing, St. Louis Regional Chapter
presents **Pain Management 2012 "It Takes a Village"** on Saturday October 27th, 2012, 7:30 AM-4:00PM
at the Goldfarb School of Nursing. Call 454-7005 for more information.

5th Annual Pediatric Nurse Practitioner Conference
"Common Pediatric Health Problems for The Advanced Practice Nurse"
Friday November 16th, 2012



Mark your calendars
NAPNAP 34th Annual Conference, April 12-20, 2013
Orlando Florida

